Packing Guide



Packing & Gear

LUGGAGE

Soft luggage such as a duffle or sports bags are ideal, however small suitcases are also suitable. The ideal way to travel on this tour is with soft luggage stored and accessible behind the cargo barrier of your rig.

For items you may require during the day, a small to medium size day pack,

can be stored on the back seat. This pack can be used as your hand luggage on any flights.

PACKING LIST

The following Clothing and Gear list are proven, practical and sufficient.

- A sturdy torch. Head lamps are recommended, leaving your hands free.
- Binoculars. Small and lightweight
- Drink bottle at least 1ltr
- Lunchbox
- Wide-brimmed sun hat or cap
- Towel and washcloth
- Sunglasses
- Sturdy walking shoes or runners
- Sports sandals preferrable to thongs
- Spare prescription glasses if worn. Dust may cause aggravation for those who usually wear contact lens, so ordinary glasses should be carried
- T-shirts/Shirts
- Shorts
- Long-sleeved shirt and pants for mozzie protection
- Light weight fleece or thermal for cooler evenings
- Light rain-jacket
- One set of neat casual clothes for towns/ lodges/flights
- Swimming costume
- Sleeping bag, pillow & single sheet set (we recommend a sleeping bag that can be unzipped and converted to a quilt)
- Personal toiletries
- A few strong plastic bags of varying size for protecting camera equipment, storing wet or dirty clothes, etc.
- Set of garden gloves may come in handy around camp (optional)



Packing Guide – Continued

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PERSONAL MEDICAL KIT

The Guides will carry a comprehensive medical kit and snake bite kit. Your rig will also contain a small medical kit containing basic supplies such as: - Band aids, antiseptic etc. Due to the remote areas we are travelling through, we strongly recommend that you consider packing the following items as well as any personal care items.

- Lip Balm
- Skin Moisturiser
- Sunscreen
- Cold/flu suppressant tablets
- Panadol tablets for pain relief
- Throat lozenges
- Mossie/sandfly repellent
- Motion sickness tablets
- Antihistamine cream for bites and itches
- Antibiotic tablets (1 course only broad spectrum)
- Eye wash/drops (small)
- Anti-diarrhoea tablets
- Laxatives